

# VISION SOURCE

Dr. James K. Cutler & Dr. Paul H. Cook  
Phone: (970) 668-2020

## DRY EYE TREATMENT PROTOCOL

### WHAT IS DRY EYE

Dry eye is a very complex condition, for which there is no cure. Symptoms vary widely from patient to patient, but often include redness, burning, itching, tearing, light sensitivity, and pain. With a success of the treatment is very dependent on your willingness to be consistent with the recommended treatment.



### TREATMENT OPTIONS

- Drink more water
- IV Hydration Therapy
- Supplements- Coromega, Fish oil, Omega-3
- Warm compress
- Oil Gland Treatment
- Lid Hygiene
- Artificial Tears/ Gel
- Lotemax/ Alrex/ FML
- Restasis (rx) or Xiidra (rx)
- Doxycycline
- Punctal Occlusion
- Amniotic Membrane
- Contact Lens Modification